

Dr. Peter Woods BA(Oxon) | MBChB | MRCP

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Physician with a track record spanning acute medicine, academic research and digital health innovation across the UK and New Zealand

Employment

Relief Medical Officer

July 2025 – March 2026

Te Whatu Ora (Health New Zealand)

Covering multiple specialities including rural hospital medicine at Christchurch Hospital and Greymouth Hospital.

Locum (Agency) Doctor

August 2024 – April 2025

Sandwell and West Birmingham NHS Trust

Working primarily in Stroke, Emergency Medicine, Acute Medicine and General Medicine.

Bank Doctor

March 2024 – August 2024

Warwick Hospital, South Warwickshire University NHS Foundation Trust

Covering haematology, rehabilitation medicine and geriatrics across multiple wards.

Clinical Research Fellow

August 2022 – March 2024

Central England Rehabilitation Unit, SWFT

Research fellow at the largest Level 1 neurorehabilitation unit in the country.

Junior Doctor – Foundation Programme

August 2020 – August 2022

Completed six rotations across Respiratory Medicine, General Surgery, Haematology, Emergency Medicine, Neurosurgery and Psychiatry (UHCW, SWFT, CWPT).

Education & Qualifications

Royal College of Physicians (UK) 2023

MRCP – Part 1, Part 2 Written and PACES, all at first attempt.

University of Warwick 2024

PGCert Medical Education – Pass

University of Exeter 2022

PGCert Genomic Medicine – Merit

University of Warwick 2016–2020

MBChB – Distinction in Phase III Finals, Phase II MCQ & SAQ

University of Oxford 2013–2016

BA Human Sciences – 2:1 (69%)

Digital Health & MedTech

Co-Founder – *Pause* 2022 – 2024

Co-founded a digital health startup from idea to spin-out, building a mobile app using behavioural micro-interventions to support evidence-based parenting.

Founder – *MedPrep* 2025 – Present

Founded and independently built a high-fidelity mock medical interview tool with on-demand, instant AI-powered feedback.

Publications

Woods, P., Donohoe, S., Turtle, L., et al. (2025). Enhancing Parenting Using AI: Exploratory Hackathon. *JMIR Formative Research*. DOI:10.2196/68780

Hodson, N., Woods, P. I., Donohoe, S., et al. (2025). Augmenting Parenting Programs with the Pause Mobile App: Mixed Methods Evaluation. *JMIR Pediatrics and Parenting*. DOI:10.2196/68807

Hodson, N., Woods, P., Luque Solano, J., et al. (2024). Evaluating a Mobile App Supporting Evidence-Based Parenting Skills: Thematic Analysis. *JMIR Pediatrics and Parenting*. DOI:10.2196/53907

Shedd, N., Woods, P. & Hoad, D. (2024). Guillain-Barré Syndrome. *Evolution, Medicine, and Public Health*. DOI:10.1093/emph/e

Gorringe, R., Woods, P., Giardino, M., et al. (2024). Disparities in Access to Group Parenting Training Programmes. *BJPsych Open*. DOI:10.1192/bjo.2024.153

Hodson, N., Woods, P., Sobolev, M. & Giacco, D. (2024). A Digital Microintervention Supporting Evidence-Based Parenting Skills: Development Study. *JMIR Formative Research*. DOI:10.2196/54892

Abdelhameed, F., Hodson, N. & Woods, P. (2023). Digital micro interventions to support parenting: Evaluating time out apps. *Child and Adolescent Mental Health*. DOI:10.1111/camh.12632

Wanigasooriya, K., Sarma, D. R., Woods, P., et al. (2022). Benefits of index telephone consultations on the two-week wait colorectal cancer pathway. *Annals of the Royal College of Surgeons of England*, 105(4). DOI:10.1308/rcsann.2021.0364

Woods, P. & Alcock, J. (2021). High-altitude pulmonary edema. *Evolution, Medicine, and Public Health*. DOI:10.1093/emph/eoa

References available on request

Teaching

University of Oxford 2023 – 2024

Physiology Tutor – Tutorials at St Catherine's and Hertford Colleges.

University of Buckingham / CERU 2022 – 2024

Bedside Teaching – Designed and delivered a programme of bedside teaching for the Special Senses block for Buckingham medical students, organised through my role at CERU.

Prizes & Awards

Royal Society of Medicine 2022

National Poster Prize – Clinical Forensic & Legal Medicine “Automatism as a Criminal Defence”

British Geriatric Society 2019

Movement Disorders Essay Prize

“The Art of Parkinson's”

Certifications

Good Clinical Practice (GCP) NIHR, 2021

Coding for Healthcare Professionals Code Med